

USDA National Nutrient Database for Standard Reference Release 28

Statistics Report 03015, Babyfood, meat, turkey, strained

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	80.32	--	1.442	78.04	82.99	2.0	74.115	86.525	1	Analytical or derived from analytical	--	03/2007
Energy	kcal	111	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	463	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein 1	g	11.50	--	0.642	10.25	12.38	2.0	8.739	14.26	1	Analytical or derived from analytical	--	03/2007
Total lipid (fat) 1	g	6.20	--	0.657	5.38	7.5	2.0	3.371	9.028	1	Analytical or derived from analytical	--	03/2007
Ash 1	g	0.58	--	0.020	0.55	0.62	2.0	0.496	0.671	1	Analytical or derived from analytical	--	03/2007
Carbohydrate, by difference	g	1.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1978
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Minerals													
Calcium, Ca 1	mg	41	--	9.280	29	59	2.0	0.74	80.594	1	Analytical or derived from analytical	--	03/2007

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Iron, Fe 1	mg	0.70	--	0.065	0.57	0.77	2.0	0.42	0.98	1	Analytical or derived from analytical	--	03/2007
Magnesium, Mg 1	mg	12	--	0.577	11	13	2.0	9.516	14.484	1	Analytical or derived from analytical	--	03/2007
Phosphorus, P 1	mg	117	--	3.333	110	120	2.0	102.324	131.009	1	Analytical or derived from analytical	--	03/2007
Potassium, K 1	mg	135	--	13.229	115	160	2.0	78.081	191.919	1	Analytical or derived from analytical	--	03/2007
Sodium, Na 1	mg	49	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2010
Zinc, Zn 1	mg	1.77	--	0.186	1.4	2	2.0	0.968	2.565	1	Analytical or derived from analytical	--	03/2007
Copper, Cu 1	mg	0.148	--	0.000	0.15	0.15	--	--	--	1	Analytical or derived from analytical	--	03/2007
Manganese, Mn 1	mg	0.037	--	0.000	0.04	0.04	--	--	--	1	Analytical or derived from analytical	--	03/2007
Selenium, Se 1	µg	12.0	--	2.421	9.3	16.8	2.0	1.55	22.383	1	Analytical or derived from analytical	--	03/2007

Vitamins

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin C, total ascorbic acid	mg	2.2	--	0.200	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Thiamin 1	mg	0.008	--	--	0.01	0.01	--	--	--	1	Analytical or derived from analytical	--	03/2007
Riboflavin 1	mg	0.163	--	--	0.16	0.16	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Niacin 1	mg	2.610	--	--	2.43	2.79	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Pantothenic acid 1	mg	0.410	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Vitamin B-6 1	mg	0.029	--	--	0.02	0.03	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Folate, total 1	µg	8	--	2.082	4	11	2.0	-0.957	16.957	1	Analytical or derived from analytical	--	03/2007
Folic acid 1	µg	0	--	--	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Folate, food 1	µg	8	--	2.082	4	11	2.0	-0.957	16.957	1	Analytical or derived from analytical	--	03/2007
Folate, DFE	µg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Choline, total 1	mg	39.8	--	1.942	37	43.5	2.0	31.422	48.129	1	Analytical or derived from analytical	--	03/2007
Betaine 1	mg	4.7	--	0.530	3.9	5.7	2.0	2.45	7.012	1	Analytical or derived from analytical	--	03/2007
Vitamin B-12 1	µg	1.11	--	--	1.02	1.2	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	05168	02/2003
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	05168	03/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin E (alpha-tocopherol) 1	mg	0.08	--	0.015	0.06	0.11	2.0	0.021	0.146	1	Analytical or derived from analytical	--	03/2007
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta 1	mg	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tocopherol, gamma 1	mg	0.03	--	0.024	0	0.08	2.0	-0.07	0.137	1	Analytical or derived from analytical	--	03/2007
Tocopherol, delta 1	mg	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Vitamin D (D2 + D3)	µg	0.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Vitamin D 1	IU	34	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Vitamin K (phylloquinone) 1	µg	0.0	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Lipids													
Fatty acids, total saturated	g	1.641	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
8:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
10:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
12:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
14:0 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
15:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
16:0 1	g	0.770	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:0 1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:0 1	g	0.330	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total monounsaturated	g	2.384	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:1 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
16:1 undifferentiated 1	g	0.140	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:1 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:1 undifferentiated 1	g	1.520	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:1 1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:1 undifferentiated 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:1 c 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total polyunsaturated	g	1.741	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
18:2 undifferentiated 1	g	1.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:3 undifferentiated 1	g	0.060	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:4 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:2 n-6 c,c 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:3 undifferentiated 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:4 undifferentiated 1	g	0.050	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:5 n-3 (EPA) 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
21:5 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:4 1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:5 n-3 (DPA) 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:6 n-3 (DHA) 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Cholesterol 1	mg	58	--	2.427	55	63	2.0	47.458	68.342	1	Analytical or derived from analytical	--	03/2007

Amino Acids

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tryptophan	g	0.149	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Threonine	g	0.633	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Isoleucine	g	0.717	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Leucine	g	1.138	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Lysine	g	1.184	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Methionine	g	0.443	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Cystine	g	0.174	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Phenylalanine	g	0.590	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Tyrosine	g	0.503	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Valine	g	0.727	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Arginine	g	0.909	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Histidine	g	0.366	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Alanine	g	0.905	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Aspartic acid	g	1.426	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glutamic acid	g	2.267	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Glycine	g	0.941	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Proline	g	0.704	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Serine	g	0.562	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/1978
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/1985
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

Sources of Data
¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8a, 2003 Beltsville MD